# Handout 1 - I am a leader

# What does being a leader mean?

**What is the first thing that comes into your mind when you think about being a leader?**



**You can write or draw your answer**

# Handout 2 - I am a leader

# Leadership in Everyday Life

**

**Watch the video called “Leadership in Everyday Life”**



**You can write or draw**

**Ideas from the video**

* **Can you think of a time when you or someone else did something that made life better?**

**What made life better?**

* **Have you ever helped someone?**
* **Have you stood up for them?**
* **Have you sat with them at lunch?**
* **Did you smile at someone who is sad?**

# Handout 3 – I am a leader

# Leadership in my life

**Think about what leadership means to you in your own life.**

* **What would it look like if you were being a leader in your life?**
* **What effect would it have on you and others?**

**Say what leadership looks like in your life.**



**You can write or draw your answer**

**Being a leader means…**

# Handout 4 – I am a leader

# Skills, talents and qualities of leaders

* **motivate action**
* **are positive**
* **are honest**
* **support others**
* **have confidence**
* **communicate well**
* **can make decisions**
* **have a good understanding of themselves**
* **are creative**
* **have a good sense of humour**

**What would you add to this list?**



**You can write or draw your answer**

# Handout 5 – I am a leader

# Great leaders I know

Think about all the great leaders you know. They could be people who have made a **big** change to the world or their community. They could be people who have made a **small** change.

Write their names and the skills, talents and qualities that they have that make them a great leader. What do they do?

|  |  |
| --- | --- |
| Name of Leader | Skills, talents and qualities |
|  |  |
|  |  |

# Handout 6 – I am a leader

# What makes me a great leader?

* **Write 3 skills or talents that you already have that help you be a leader.**

1. **­­­­­­­­­­­­­**

* **What are 3 skills you need to develop or improve?**

# Handout 7 – I am a leader

# Practice being a leader

Choose something that is happening in your life that you want to change.

How can you change your life in a good way?

Here are some ideas

* Next time someone ignores me and speaks to my mum, I will speak up.
* My housemate does not do house work. I will suggest that we use roster so we share the tasks.
* Next time I see someone being treated badly, I will find a way of doing something about it.

# The thing I want to change is…

# The actions I am going to take are ….

# I will know I have made this change when …..

# Handout 8 – I am a leader

# Being a successful leader

**How will you meet with more people who can support you to be a leader?**



**You can write or draw your answers**

* who you can ask for support and advice
* how they can help you be a leader in your community.

|  |  |
| --- | --- |
| **Who can you ask?** | **How can they help?** |
|  |  |
|  |  |

**How will you take a break?**

Say one way you will take a break as you become a leader.

**Say what makes you happy**

List 3 things that make you smile and bring you joy.

1.

2.

3.

# Handout 9 – I am a leader

# My plan to be a leader

|  |
| --- |
| **I have these skills and talents now…** |
| **I need to know more about…** |
| **I need to develop these skills and talents…** |
| **I need support from…** |