

I am a Self Advocate

and this is what I believe ...



This activity helps self advocates to look at:

- What it is to be a self advocate
- The things that are important to you.

This activity can all be done at one meeting or spread over several meetings.

IDEA



Make some
What I Believe
Self Advocacy
posters

Step 1

- Stick up the 6 “What We Believe” worksheets.

Step 2

- Members of the group are asked to finish each of the sentences on the sheets.
- They start by saying “I am a self advocate and this is what I believe”
- Write the answers on the worksheets.

Step 3

- Finish by talking about what people said.
- Do you think other people should learn about what self advocates think and believe?
- How can you let other people know what you believe?

I am a Self Advocate

and this is what I believe ...



I am ...



I am not ...



I am a Self Advocate

and this is what I believe ...



Staff should ...



Staff should not ...



I am a Self Advocate

and this is what I believe ...



I believe strongly that ...



I am a Self Advocate
and this is what I believe ...



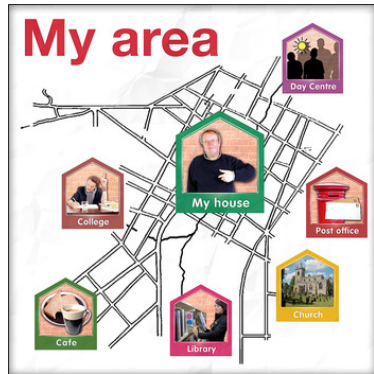
Someday, self advocates will ...



I am a Self Advocate
and this is what I believe ...



Someday, the community will ...



I am a Self Advocate
and this is what I believe ...



Everyone has the right to ...

