



# Meet Colin



## about Colin

### Colin's Achievements with *Loud and Clear* Self Advocacy Group

By Kate-Lyn from *Loud and Clear* Self Advocacy Group

"Colin is a very caring, respectful man. Before *Loud and Clear* Colin felt lonely and sad because he didn't have a lot of friends to connect with and just hang out with.

Now he has *Loud and Clear* and this has given him great opportunities to attend conferences, workshops and social events.

One of these great events was going to the World Congress in Melbourne. A great chance to meet people and be involved.

*Loud and Clear* has given Colin a purpose and a chance not only to share his stories but to learn from other self advocate stories.

As Colin's friend I am so happy to have him with me in *Loud and Clear* as he is always there to lend a hand, support the community by setting up for Marathons and is a very loyal person.

He is a good friend who we need and want."

