



# Meet Heather

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## about Heather

"My name is Heather and I am living with a housemate who is a friend that I met through **Reinforce**.

During my life I have had people treating me differently to others, and I felt that it was completely unfair for me to get unfair treatment.

When I was going through a rough patch my advocate at the *Disability Resource Centre (DRC)* introduced me to **Positive Powerful Parents (PPP)**. Through them I did work experience at *Reinforce*.

Because I was doing a good job they took me on as a volunteer and a committee member.

Since then when I am treated in a discriminating way I try to hold my head up and speak up for my own rights.

Joining *PPP* and *Reinforce* has really encouraged me to speak up for my own rights and the rights of people with any kind of disability, including intellectual."



**POSITIVE  
POWERFUL  
PARENTS**

