



# Meet Ingrid



## about Ingrid

“Ok this is about me. I have always been out spoken about rights: mine and others in the Disability community.

First, *my goals to be me* meant where I want to be independent like medical doctors. So when planning for me to move out of home - I don't like group homes, so my family arranged for me to rent apartment. Where I have home help but that will change for service providers and things.

When I try and apply for NDIS but I will have family my brother to assist with it. I am independent but with help. Like I left my physio big practice because the staff did not treat me well. I was trying to get the staff to be my professional in dealing with Disability so I spoke to my councilor. I had been going there for probably 20 years and the boss physio who wasn't also at the practice said I didn't have a disabilities, which I do. He hasn't worked with me at all. I have a lot of disabilities. Just because his nephew was in wheelchair I am not Disabled, so I have gone to a nicer one and they on NDIS so I can you them not like, So that is where I can speak and.

I am also Committee of Management **PWDWA** where I do a lot of meeting, help dealing other groups Likes **SAWA**. I also do issue *Working Safety* like Violence, Police and Justice System, advocate repressive Transport , Womans Health, Palative speak up disabled people do understand it and Human rights in general and Access to People and all areas of life. Also Council advisory Group Disabililty, and Health area as well which include sport ares building and event.”

