



Meet Kate-Lyn



about Kate-Lyn

"Before I became a self advocate I felt lonely as everyone seemed to be too busy around me and I felt I didn't have much to do. I didn't have anyone except my family.

I wasn't sure what my future held.

Since joining **Loud and Clear** my world has changed into a brightly coloured rainbow with friends all around me and lots of new opportunities at every turn.

I have been to Melbourne, Tasmania, Geelong and Brisbane, presenting and meeting new people who have shared their stories. I have connected with people from all around the world, some are my friends on Facebook.

Many opportunities have come my way, including being *state rep* for *Our Voice*, being a peer educator for *Mainstream and Me*, organising a disco, presenting at *Having A Say at Geelong*, starring alongside my Spiral friends in a *Stop/Start Movie* and many more.

My future holds many more opportunities like event planning, attending and having my say at conferences and meeting more and more friends.

I love my life."

Voices Together | Australian Self Advocacy

OUR VOICE

The **Mainstream**
And Me



Having a Say Forever!

Stop Start Movie

