



Meet Kate



about Kate

“Hi, I’m Kate and I love painting, acting, dancing, performing and especially hanging out with my friends.

Being in **Loud and Clear** has helped me stand up for myself and also stand up for others.

I’ve met lots of people and have so many new friends.

I was in *Mainstream and Me* and I loved being in the movie *Stop/ Start* as we told people that we don’t want to be rushed and don’t want to be bossed around.

That is important to me as I want to be a self advocate as I like helping other people.

Sometimes workers do the wrong thing so I like to let them know what we need and want.

Now I feel happy.”

