

# how to communicate with me

I am deafblind *Each deafblind person is different*

A resource for communicating with people who are deafblind

No vision with no hearing



No vision with little hearing



Little vision with no hearing



Little vision and little hearing



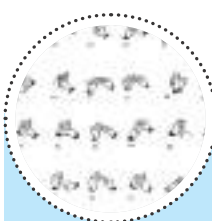
## Different ways to communicate:



Use my smartphone to communicate with me



Write a short message on paper in large letters



Use the Auslan alphabet to finger-spell messages



Write capital letters and numbers on my palm slowly, one at a time



Use tactile (touch) sign language



Speak clearly into my right or left ear



Hold your hands up in front of your chest so I can see them clearly

## How to give me something and guide me:



Touch me gently on the shoulder



Guide my hand to the item



**Don't** hold an item right in front of my face



Allow me to take your elbow (upper arm)



Allow me to place my hand on your shoulder



Move your elbow behind you before going into a narrow space



Let me walk a pace behind you



Raise your shoulder before going up stairs



Lower your shoulder before going down stairs

## Useful signs:



Hello



Danger



Where



You



Going



Train



Good



Yes



No



Tram



Fingerspell  
T-A-X-I



Bus



Toilet



Bad

Learn AUSLAN

Vicdeaf, Melbourne Polytechnic, CAE

Contact us

[deafblindadvocacy@gmail.com](mailto:deafblindadvocacy@gmail.com)  
[www.deafblindvictorians.com](http://www.deafblindvictorians.com)

Deafblind Victoria is a self advocacy group run by and for people who are Deafblind. Contact us to join or for more information.

