

BINGO

Instructions



What is in this kit?

1. 20 x Bingo numbers with questions for discussion
 - You will need a bag.
 - Cut the numbers out and put them into a bag.
2. 15 x Bingo sheets (for 15 players).

How to Play

1. Give out a bingo sheet to each person.
2. Pick a person to be the Bingo caller.
3. The caller then pulls out bingo number cards from the bag.
4. The caller reads out the number on this card.
5. The players place their counter on that number if they have it.
6. The caller reads out the question on the number card.
7. Ask the players to answer or talk about the question.
8. After you have talked about the question, the caller pulls out the next number and reads out the question on that card.
9. You keep playing until someone calls "Bingo!" You call "Bingo!" when you have a counter on every number square on your sheet.
10. You do not need a counter on the middle square.

BINGO



20 x Bingo Numbers to cut out

1



Skills

What skills do you think you would need as a self advocate?
What skills would you like to learn?

2



Goals

Self Advocacy groups make goals to work to.
What are goals?

3



Issues

If you were in a group, what are the issues that you think the group could work on?

4



Group

Why is it good to do self advocacy in a group?
What makes groups strong?

5



Rights

Name some rights you have.
What rights are important to you?

6



Self Advocacy

What is self advocacy?
Why is it important?

BINGO



20 x Bingo Numbers to cut out

7



Support

If you were in a group, what support do you think the group would need?

8



Work

There are not enough jobs for people with disabilities.
What jobs interest you?

9



Fun

It is important that self advocacy groups have fun. What things can groups do together to have fun?

10



Speak Up

Is it hard to speak up?
Why is it important to speak up?

11



Houses

Where do you live?
Where would you like to live?

12



Dreams

What are your dreams?
What needs to happen to reach your dreams?

BINGO



20 x Bingo Numbers to cut out

13



FRED:

Freedom - Respect - Equality - Dignity
Which is important to you?
Do people treat you this way?

14



Strength

There is strength in numbers. **Discuss.**
Is it hard to be strong sometimes?

15



Choices

You have the right to make choices in
your life. Why is this important?
What choices have you made?

16



Name

What is a good name for your group?
Why is a name important?

17



Money

Lots of people with disabilities do
not get enough money. Some people
do not have control of their money.
Discuss.

18



Learn

When you are in a self advocacy
group you learn new things.
What things would you like to learn?

B I N G O



20 x Bingo Numbers to cut out

19



Decisions

Why do you need information to help you make decisions? What decisions do you make in your life?

20



Meetings

Why do groups have meetings? Have you been to a meeting? What was good or bad about the meeting?

B I N G O

1



Skills

4



Group

6



Self Advocacy

7



Support

★ ★ ★
**Self
Advocacy
rocks!**
★ ★ ★

10



Speak Up

15



Choices

18



Learn

19



Decisions

B I N G O

1



Skills

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Issues

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Group

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Self Advocacy

★ ★ ★
**Self
Advocacy
rocks!**
★ ★ ★

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Support

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Speak Up

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Strength

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Meeting

Self Advocacy



SARU

Self Advocacy Resource Unit

B I N G O

1



Skills

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Work

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Fun

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FRED

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Houses

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FRED

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Meeting

B I N G O

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FRED

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